

NUTRITIONAL INFORMATION

Kids Meals

RECIPE NAME	CALORIES	FAT (G)	SATURATED FAT (G)	PRO (G)	CARBOHYDRATES (G)	SUGARS (G)	DIETARY FIBER (G)	SODIUM (MG)	CHOLESTEROL (MG)
KIDS MEAT AND CHEESE ON WHITE	205	5	2	15	24	1	1	525	32
KIDS CHEESE DOG ON WHITE	240	11	7	14	24	2	1	829	48
KIDS CHICKEN MELT ON WHITE	191	6	3	15	24	1	1	525	32
KIDS GRILLED CHEESE ON WHITE	215	8	4	9	23	2	1	565	20
KIDS PEANUT BUTTER AND JELLY ON WHITE	317	9	3	11	51	18	3	535	0
ALL AMERICAN EGG ROLY /BACON ON WHITE #101	405	22	9	29	24	2	1	1344	185
ALL AMERICAN EGG ROLY / HAM ON WHITE #101	363	19	7	23	24	2	1	917	167
WESTERN EGG ROLY ON WHITE #102	338	18	8	14	32	4	2	639	146
VEGGIE SCRAMBLE EGG ROLY ON WHITE #103	324	16	8	14	32	4	3	623	145
HUEVOS RANCHEROS ON WHITE #104	359	18	8	16	35	4	4	748	146
CHRISTO MELT ON WHITE #105	340	16	7	20	30	4	2	854	158
STEAK AND EGGS ON WHITE #106	346	16	6	19	31	3	2	798	159
VEGGIE FRITTATA ON WHEAT #143	233	9	5	13	27	3	2	680	145
FARMER'S OMELETTE ON WHITE #150	335	17	6	18	31	3	2	644	154
LA SCRAMBLE ON WHEAT #151	295	12	7	17	28	4	3	687	147
THE GLADIATOR ON WHEAT #152	312	16	8	17	27	3	2	715	148