



**12" White Wrap**  
Net Weight 2 lb. 10 oz. 1200 g

<b>Nutrition Facts</b>	
Serving Size: 1 Wrap (100g/3.5 oz.)	
Servings per Container: 12	
<b>Amount per serving:</b>	
Calories: 250	
Calories from Fat: 35	
% Daily Value*	
Total Fat: 3.5g	6%
Saturated Fat: .5g	3%
Trans Fat: 0g	
Cholesterol: 0mg	0%
Sodium: 330mg	14%
Total Carbohydrate: 44g	15%
Dietary Fiber 2g	7%
Sugars: 1g	
Protein: 9g	
Vitamin A: 0%	Vitamin C: 0%
Calcium: 10%	Iron: 20%

\* Percent Daily Values are based in a 2,000 Calorie diet. Your values may be higher or lower depending on your caloric needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
<b>Calories per Gram: Fat 9, Carbohydrates 4, Protein 4</b>			

Ingredients: Flour, Enriched, Unbleached, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate [vitamin B1] Riboflavin [vitamin B2], Folic Acid), Water, Canola Oil, Sodium Acid Pyrophosphate, Sodium Bicarbonate

Contains 2% or less of the following: Salt, Soy Oil, L-Cysteine Wheat Gluten, Mono-Diglycerides, Sugar, Sodium Aluminum Sulfate, Sodium Stearoyl Lactylate (SSL), Guar Gum, Sodium Metabisulfite, Potassium Sorbate, Fumaric Acid, Calcium Propionate,(preservative)

Contains: Wheat Flour



**12" Wheat Wrap**  
Net Weight 2 lb. 10 oz. 1200 g

<b>Nutrition Facts</b>	
Serving Size: 1 Wrap (100g/3.5 oz.)	
Servings per Container: 12	
<b>Amount per serving:</b>	
Calories: 230	
Calories from Fat: 35	
% Daily Value*	
Total Fat: 4g	6%
Saturated Fat: .5g	3%
Trans Fat: 0g	
Cholesterol: 0mg	0%
Sodium: 330mg	14%
Total Carbohydrate: 44g	15%
Dietary Fiber 4g	18%
Sugars: Less than 1g	
Protein: 9g	
Vitamin A: 0%	Vitamin C: 0%
Calcium: 10%	Iron: 15%

\* Percent Daily Values are based in a 2,000 Calorie diet. Your values may be higher or lower depending on your caloric needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
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Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
<b>Calories per Gram: Fat 9, Carbohydrates 4, Protein 4</b>			

Ingredients: Whole Wheat Flour, Flour, Enriched, Unbleached, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate [vitamin B1] Riboflavin [vitamin B2], Folic Acid), Water, Canola Oil, Sodium Acid Pyrophosphate, Sodium Bicarbonate

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