

Positive Plate Award
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November 2007 **Positive Plate Award**
by *Wichita Dietetic Association*
will be presented
Tuesday, 11-13-07, 5:30 pm at
Roly Poly Rolled Sandwiches
7777 E 21 Street North (at Rock Road)



For more information contact:
Spokesfolks for Positive Plate Award November 2007:

Jane Byrnes, RD LD 644-4640
Jennifer Williams, RD LD 744-8343

“Roly Poly makes sandwiches fun, tasty, quick and nutritious,” claims Jennifer Williams, one of the two dietitians who will present the Positive Plate Award on November 13. “Roly Poly’ refers to the tortillas which encircle the fresh ingredients.”

Jane Byrnes, another member of the dietitians’ committee that selected Roly Poly, is impressed that there’s something healthy and flavorful for everyone, including hot or cold sandwiches in two sizes, soups, salads, kids’ meals and boxed lunches. Low-fat cheese, lots of vegetables, and even five sandwich items featuring fish or seafood are available.

In addition to green leafy veggies, the dietitians liked the wraps that also come in whole wheat. “Their catering platters can make office parties or business meetings attractive, nutritious, fresh and delicious,” commented Byrnes.

Roly Poly is a national franchise but this site is locally owned. Due to her husband’s retirement, owner Catherine Tsao is looking to trust the restaurant to a new owner. Catherine heard a child comment recently, “I like Roly Poly. I like vegetables!”

Wichita dietitians created the Positive Plate to discover and approve restaurants that make healthy eating easy and delicious.